Matthew Wilson is a labour arbitrator and mediator. He has been the Chair of the Ontario Grievance Settlement Board since 2021 after spending eight years at the Ontario Labour Relations Board (the latter three years as the Alternate Chair).

Matthew is the co-author of Evidence and Procedure in Canadian Labour Arbitration as well as Labour Arbitrations And All That. In addition to his law degree (LL.B.) from Western University and good standing with the Law Society of Ontario, Matthew holds a Masters degree in Industrial Relations (M.I.R.) from Queen's University and a Masters degree in Law (LL.M.) from Osgoode Hall.

Matthew has also been appointed as an arbitrator and mediator in sports-related disputes. He has held an appointment with the Sports Dispute Resolution Centre of Canada since 2017. In 2023, Matthew was designated King's Counsel (K.C.) by the Government of Ontario.