

Matt Shechter is a Partner in the firm of McNamara & Shechter LLP and is also serving as General Counsel of United Food and Commercial Workers Union Local 7. Matt was previously an associate of the firm, and served in that capacity since he was admitted to practice in Colorado in 2009. Matt, originally a native of Nashville, Tennessee, completed his undergraduate work in 2005 and earned a Bachelor of Science from Georgetown University in Washington, D.C. Matt graduated from the University of Denver's Sturm College of Law in 2009.

Since joining the firm, Matt has represented employees, union members, and small businesses in a variety of matters before Colorado State and Federal Courts, the Colorado State Personnel Board, the Equal Employment Opportunity Commission, the National Labor Relations Board, the Occupational Safety and Health Review Commission, the Colorado and United States Departments of Labor, and innumerable mediators and arbitrators.

As General Counsel of UFCW Local 7, Matt supervises an in-house Legal Department and associate counsel for one of the nation's most litigious local unions. Matt manages a wide variety of litigation, arbitration, and National Labor Relations Board matters. In addition, Matt negotiates some of the Union's collective bargaining agreements with employers and assists with the organization of workplaces.

Matt has advanced and defended claims alleging violations of Federal and State anti-discrimination laws, including Age, Color, Disability, Gender, National Origin, Race, Retaliation and Sexual Harassment claims, wage and hour claims, overtime claims, unemployment appeals, trade secrets claims, just cause arbitrations, employment contract disputes, class actions, severance matters, workplace safety matters, and a wide variety of other areas. Matt served as co-counsel in *Abeyta et al. v. CF&I Steel*, an FLSA Collective Action which was resolved for more than \$833,000. Matt was first named as a Rising Star by Colorado Super Lawyers in 2014, and has continued to receive that designation annually, most recently in 2021.

When he's not representing unions or employees, Matt also serves as an administrative law judge adjudicating employment matters.