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Stef is a dedicated advocate for inclusion, organizational justice, workforce development, allyship, and lifelong learning who finds fulfillment in coaching and mentoring, facilitating understanding, and inspiring empathy. In Stef's consulting work, she operates under the business name "Stef Nelson DEI, L&D, and Engagement Solutions" and specializes in designing, implementing, and facilitating interactive, multimodal training sessions and workshops, with a focus on implicit bias, anti-racism, gender diversity, and inclusion strategies. As the Assistant Director of Professional and Executive Business Education at the University of Rhode Island's College of Business, Stef forges and nurtures trusting, collaborative relationships with graduate students and University stakeholders internally and across organizations. Through her volunteer commitments, Stef serves on the board of the Rhode Island Society for Human Resource Management as the Director of Sponsorship, and advises state policymakers on the unique needs of nontraditional and adult students.

Throughout Stef's career, whether leading teams in the fashion industry or launching new departments in the financial services industry, Stef has consistently elevated employee and partner learning and engagement by facilitating a sense of community and shared purpose. Stef believes in the transformative power of intentional connection and authentic sharing, and the collective value of diverse experiences and perspectives.